



**20 Ontario Drownings in the last 4 weeks**



**Poolside & Lakeside Water Safety Workshop**

**ERT is now offering a poolside or lakeside water safety workshop. This 3 hour workshop is geared for all ages and includes the following safety training:**

- Ensuring a backyard pool is safe and healthy for all
- Slip hazards
- Dangerous pool & water toys
- Access and security to backyard pools & lakes
- Backyard pool & lake swimming etiquette

**Water Safety Starts with You**



For more information contact ERT  
416-937-8576 or [www.ert-cpr.com](http://www.ert-cpr.com)



Lifejackets, PFD's , arm floats, inner tubes and other inflatable toys are not a replacement for adult supervision

**'One of four children in Ontario who experience a near-drowning sustain permanent brain damage.'**-Margaret Keresteci, Canadian Institute for Health Information

An average of 500 Canadians drown each year and drowning is one of the leading causes of

- Pool chemistry
- Teen behaviour around swimming pools & lakes
- Safety strategies for small children
- General safety tips for families of all ages

**\$240.00 for a group of up to 6 participants**  
**\$20.00 for each additional participant**

**Contact ERT for more information**



**Specializing in Prevention, Recognition, Response & Treatment, ERT Instructors are leaders in the fields of CPR, First Aid & Water Safety.**

**We make sure you Know What to Do**

Learn Today, Help Save a Life Tomorrow

**[www.ert-cpr.com](http://www.ert-cpr.com)**

death for Canadian children aged 1-4

42% of children ages 5-14 who drowned in the past 10 years did not have an adult watching them at all times

41% of Canadian parents polled rank their swimming skills, fair, weak or non-swimmer

40% of parents do not know CPR

**Be a Safe Boater**

The best lifejacket or PFD if the one you wear

- \*Zip up & Buckle up
- \*Most people who drown in boating accidents were not wearing a lifejacket or were not wearing it properly
- \*Alcohol & boating don't mix. Boating while impaired is illegal
- \*Overloaded boats are dangerous
- \*Have safety equipment onboard:
  - extra lifejackets/PFD's
  - a radio
  - flashlight
  - flares
  - first aid kit\*

\*Canadian Red Cross

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